



Mission Statement (2014)

We are Catholic Benedictine women committed to the Gospel of Jesus Christ, which impels us to love as he loves, through a common life of prayer, hospitality, and ministry.

Situated in the heart of Tulsa, Oklahoma, we see ourselves as an oasis of peace and prayer for our city. Through Monte Cassino School, a private Benedictine pre-K-grade 8 school, we have touched the lives of countless families in Tulsa for over 90 years.

This year has provided numerous opportunities for us to be a beacon of prayer and hospitality. As the COVID 19 pandemic has progressed and as our city has implemented procedures for social distancing and home isolation, we have turned to social media and alternate forms of communication to keep connected with friends and loved ones.

As we have journeyed together we have realized that there is much that our monastic tradition teaches us that can help us through these days. Below are some of the lessons which living through this pandemic has brought us.



Sister Barbara Austin

Formation Director

My heart is moved these days, as the whole world is brought together by a pandemic, to St. Benedict's vision of seeing the whole world as a single ray of light from the narrow window of the monastery. All human beings and all creation itself becomes one in the compassion and common fragility we are witnessing now and hearing echoed in the psalmody we enter into each day together.



Sister Julia Marie Roy

Sub-Prioress

*Director of Mission Integration,
Monte Cassino School*

This time of social distancing and quarantine has highlighted for me our practice of liturgical prayer. There have been so many people to pray for and I have found prayer moving from the individual to the global so quickly. The words of the scriptures, especially the psalms have really been speaking to the current reality. With people all over the world isolated, it has been both privilege and responsibility to pray with my community on behalf of all those experiencing isolation.



Sister Marie Pierre Fleming

Ministry of Prayer

This period has reminded us what is essential in life. Many times, we think that we need things or ceremonies or rituals and we are finding that they are not that necessary. We are starting to focus on the little things.



Sister Veronica Sokolosky

Archivist

We realized how important we are to one another.

We have also seen how easy it is to perform an act of kindness. Often in busier times, we ignore doing these actions. Others appreciate the smallest actions.



Sister Catherine Martinez

Treasurer

This time has highlighted our values of moderation and balance of life. It seems as though our world was spinning at a frenetic speed and was somewhat off center and this time has given us a chance to step back and reassess some aspects of our culture and of our lifestyle. It has allowed us to refocus a little and move forward. I hope that we are able to take this lesson into our lives.

