



## Feast of St. Scholastica 2025

Dear Sisters,

On this feast of our monastic congregation, I send you greetings from Cullman, where I am very happy to be to celebrate this feast with my own community at Sacred Heart Monastery! (The image at the top of this letter is the artwork of my friend and fellow monastic congregation president, M. Mary Elizabeth Kloss of Petersham, MS.)

I found the poem below (next page) written by one of our Cistercian brothers, Paul Quenon, OCSO, of Gethsemani Abbey near Bardstown, KY. (He was one of Thomas Merton's novices. You might want to go to this Gethsemani link to read something of Bro Paul - you can also find there a link to a free PDF of his collection of haikus: <https://monks.org/monks-pages/br-paul/>)

Below the poem I put in a photo of the mural of Saints Benedict and Scholastica from Subiaco – I just love the mischievous expression on Scholastica's face and the none-too-happy look on Benedict's face! Maybe one of our own Benedictine poets might be inspired to write a poem for this feast day! (What do you say, Sister Grace Malaney in Atchison?!!!)

Enjoy our feast day! Greet each and all of your sisters with love, and, if you have a brother, maybe give him a call. St. Scholastica knew how important brothers are to us! She also knew how to teach her brother a thing or two!

Let us seek to always love as Scholastica did – deeply, insistently, kindly, genuinely. She knew love was the most important part of the law!

With love and prayers for all of you,

*Lynn, OSB*

Lynn McKenzie, OSB,  
Monastic Congregation of St. Scholastica

## Benedict & Scholastica

When Benedict and Scholastica were growing up he wrote little rules for her to keep.

Since they were twins she kept them but not very long.

So he went looking for boys to keep rules he likes to write.

They did better, but not very much. Fortunately he was used to that by now.

Thank God for St Scholastica.

Paul Quenon, OCSO (Gethsemani Abbey)

